

Societe Generale Ghana Hosts HR Professionals and Finance Directors to Breakfast Meeting on Workplace Wellness

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Accra-Ghana

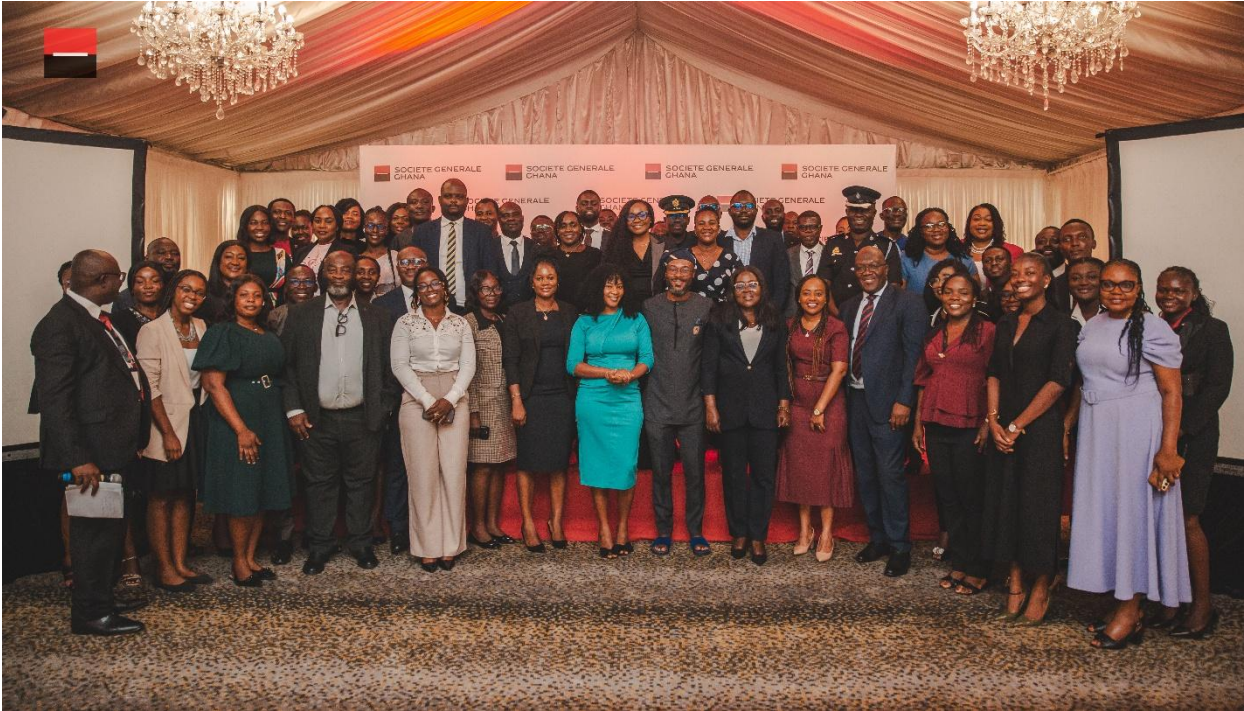


Fig 1- Executives and Staff of SG Ghana, Mr. David Ofosu-Dorte and Staff of AB & David Law, Attendees of Breakfast Meeting

Societe Generale Ghana has successfully hosted Human Resource professionals and finance directors from various industries to a breakfast meeting at the Movenpick Ambassador Hotel in Accra. Themed “***The rising emphasis on Mental Health, Wellbeing, and Toxic Workplaces***”, the enlightening session was an avenue for attendees to discuss the evolving dynamics of employee and workplace culture.

In her welcome address, Deputy Managing Director, Commercial of Societe Generale Ghana, Madam Catherine Johnson emphasized that such conversations are central to the future of work, and thus the theme was both timely and necessary.

“As leaders, we must foster cultures that value empathy, balance, and mutual respect. We must be intentional about recognising the signs of burnout, addressing toxicity, and creating spaces where every individual feels seen, heard, and supported”, she said.



Fig 2- Deputy Managing Director, Commercial of SG Ghana -Madam Catherine Johnson.

She expressed confidence that the session would challenge attendees to reflect on their leadership styles, organizational cultures, and the systems that shape how they work.

Executive Chairman of AB & David Law, Mr David Ofosu-Dorte, was the keynote speaker at the session. Drawing on research, real life experiences, law and public policy, he illustrated the subtle and overt signs of unhealthy work environments and how they manifest in workplaces. He also highlighted their impact on productivity and employee wellbeing.



Fig 3- Executive Chairman of AB & David Law, Mr. David Ofosu-Dorte

Mr. Ofosu-Dorte made practical recommendations for HR professionals to ensure that their places of work are healthy and safe. Amongst others, he suggested organisations engage external experts to conduct staff sessions on stress management, organising regular durbars to promote open communication and ensuring fairness and trust in leadership decisions. He also encouraged organisations to protect their staff from harassment and discourage practices that undermine or ostracise employees.

“Unless you make the workplace interesting and fun, there will always be stress” he added, stressing the need for organisations to also introduce exciting and engaging activities into otherwise stressful routines.

The interactive session provided the HR professionals to interact, asking questions and exchanging ideas on building workplaces that are healthy and safe.

The breakfast meeting forms part of Societe Generale Ghana’s efforts to drive thought leadership and engagement, as well as capacity building with the bank’s professional communities and customers.

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